2024

HCSF
Health Council of South Florida, Inc.

DISTRICT 11 HEALTH PROFILE
A DATA SNAPSHOT OF MIAMI-DADE AND MONROE COUNTIES

Mission: The Health Council of South Florida (HCSF) is to be the source of unbiased health and quality of life data and analysis; the preferred partner for quality program planning, management, evaluation, and community services; the facilitator of collaboration and partnerships in Miami-Dade and Monroe counties; and the trusted champion for ethical and targeted healthcare policy at the local, state, and national levels.

Updated January 30, 2025

INTRODUCTION

The Health Council of South Florida (HCSF) District 11 Health Profile shows key social determinants of health indicators that reflect or contribute to health and wellness in Miami-Dade and Monroe counties. Health indicators for Miami-Dade and Monroe counties are comparable to other counties, state, and national data, when available. However, disparities in various health conditions among population or people groups based on race, ethnicity, sex, age, education, and income must be considered when observing data.

Indicators are grouped into fourteen (14) general sections with an attempt to capture the top ten (10) leading causes of death and high-cost Emergency Department visits for District 11.

- Population Demographics
- Social and Economic Indicators
- Access to Care
- Maternal and Child Health
- Crime and Public Safety
- Health Care Utilization
- Hospital Utilization
- Preventive Health
- Infectious Diseases (e.g., COVID-19)
- Behavioral Health and Substance Use
- Diversity
- Measures of Health Status
- Seniors
- Miscellaneous

ABOUT HCSF

The HCSF is one of eleven local health councils created by S 408.033 to coordinate health services planning across the state. Serving District 11 (Miami-Dade & Monroe Counties), HCSF offers a variety of contracted services. Let our team of experienced and knowledgeable staff help you with your next project!

SERVICES	PROGRAMS
Community Health Needs Assessments (CHNAs)	Ryan White Care Part B: Monroe County
Hospital Needs Assessments (990 Requirement)	Miami Matters Data Platform
Customized Health Data Report Cards	Health Insurance Open Enrollment/Marketplace Assistance
Program/Project Evaluation	Housing Opportunities for Persons with AIDS (HOWPA)
Data Gathering, Analysis and Reporting	Miami-Dade Health Action Network (M-DHAN)
Grant Research, Writing and Management	Healthy West Kendall (Data Dashboard)
Quality Assurance and Improvement	Community Connections Program
Coalition and Partnership Building	Southeast Florida Cancer Control Collaborative (SFCCC)

For questions regarding this report, or for more information associated with additional analysis, please email the HCSF at healthcouncil@healthcouncil.org

How Is This Information Useful?

Indicators contribute to a comprehensive picture of the health of the community in Miami-Dade and Monroe counties and this report is relevant and useful to state government and community-based organizations working to make a positive impact on policy or service changes.

Disclaimer: All data elements included in this report derive from the most recent data available for publication. The inclusion of information prior to 2025 is the result of data being released and published according to different reporting cycles, which usually precedes the current reporting year of this report (2024); such as the quarterly hospital utilization reports published by the Agency for Health Care Administration (fourth quarter 2024 hospital utilization report will be available for publication after May 2025). In addition to the information depicted in this report, zip code and GIS mapping analysis for Miami-Dade and Monroe counties could also be conducted for: communicable diseases, demographics, Emergency Department utilization, hospital utilization, household income, leading causes of death, and maternal and infant health indicators.

POPULATION[1]		MIAMI-DADE	(%)	MONROE	(%)	FLORIDA	(%)
Total Population Estimate		2,723,579	(%)	83,008	(%)	22,724,182	(%)
Black or African-American		383,698	14.1	4,808	5.8	3,422,507	15.1
Hispanic or Latino		1,913,644	70.3	20,275	24.43	6,342,625	27.9
White		795,911	29.2	59,535	71.7	12,793,848	56.3
Asian		43,145	1.6	1,184	1.4	702,094	3.1
American Indian/Alaskan Native		9,337	0.3	369	0.4	104,193	0.5
Native Hawaiian/Pacific Islander		574	<0.1	80	0.1	15,232	0.1
SEX	Male	1,309,786	48.1	43,185	52.0	11,027,237	48.5
	Female	1,413,793	51.9	39,823	48.0	11,696,945	51.5
AGE	Less than 5	126,137	4.6	2,887	3.5	1,058,499	4.7
	5-17	376,902	13.8	8,744	10.5	3,144,287	13.8
	18-34	587,250	21.6	12,998	15.7	4,625,153	20.4
	35-64	1,129,985	41.5	36,187	43.6	8,505,403	37.4
	65+	503,305	18.5	22,192	26.7	5,390,840	23.7

MISCELLANEOUS[2]	MIAMI-DADE	MONROE	FLORIDA
Households with Internet Subscription	87.0%	88.0%	89.7%
Average Time to Work (Minutes)	31.0	19.0	26.6
Households with No Vehicle	9.7%	6.7%	6.0%
Household Rent Burden	63.4%	61.9%	58.7%
Average Family Size	2.74	2.32	2.54
Median Workforce Age	42.2	42.9	41.0
Renter-occupied Housing Units	48.1%	37.8%	33.1%
Owner-occupied Housing Units	51.9%	62.2%	66.9%

SOCIAL AND ECONOMICS[3,4]	MIAMI-DADE	MONROE	FLORIDA
High School Diploma or Higher	83.1%	93.3%	89.4%
Median Household Income	$68,694	$82,430	$78,538
Persons in Poverty	14.1%	10.0%	11.1%
Unemployment Rate	4.6%	3.4%	5.0%

ACCESS TO CARE[5]	MIAMI-DADE	MONROE	FLORIDA
Uninsured	15.0%	15.4%	12.3%
Medicaid Eligible	732,441	742,162	4,223,894

MATERNAL AND CHILD HEALTH[6, 7]	MIAMI-DADE	MONROE	FLORIDA
Total Resident Live Births	29,529	689	221,413
Births Covered by Medicaid	38.6%	37.5%	42.2%
Teen Birth Rate (Ages 15-19) (Per 1,000)	9.0	6.7	12.8
Preterm Birth Rate (<37 Weeks Gestation)	10.1%	8.4%	10.7%
Infant Death Rate (Per 1,000 Live Births)	4.8	7.3	6.0
Cesarean Deliveries	45.4%	40.5%	36.2%

CRIME AND PUBLIC SAFETY[8,9,10]	MIAMI-DADE	MONROE	FLORIDA
Total Violent Crimes (2020)	13,477	297	83,290
Homicide Deaths	227	3	1,336
Domestic Violence Offenses (Per 100,000)	271.1	404.4	314.9

HEALTH CARE UTILIZATION[11,12]	MIAMI-DADE	MONROE	FLORIDA
ER Visit Rate (Per 100,000) due to Dental Conditions (Ages 0-64)	243.6	469.7	591.2
Age-Adjusted ER Visit from Mental Disorders (Per 100,000)	771.6	1,220.4	962.4

PREVENTIVE HEALTH[13]	MIAMI-DADE	MONROE
Routine Checkup in the Past Year	72.9%	72.0%
Mammography use among women aged 50-74 years	75.5%	72.8%
Colorectal cancer screening among adults aged 45-75 years	57.4%	59.4%

HOSPITAL UTILIZATION IN MIAMI-DADE COUNTY, 2023[14]	Number of Discharges [d]	%
Miami-Dade County (January-December 2023)		
Total Resident Discharges	308,158	100.0%
Miami-Dade County Hospitals [a]	277,196	90.0%
Resident Discharges by Hospital (Top 15)		
Jackson Memorial Hospital	33,442	10.9%
Baptist Hospital Of Miami	28,389	9.2%
Mount Sinai Medical Center of Florida	22,205	7.2%
HCA Florida Kendall Hospital	20,789	6.7%
HCA Florida Mercy Hospital	19,716	6.4%
Steward Palmetto General Hospital	16,008	5.2%
South Miami Hospital	15,356	5.0%
HCA Florida Aventura Hospital	13,174	4.3%
University Of Miami Hospital And Clinics-Uhealth Tower	12,023	3.9%
Jackson South Medical Center	11,102	3.6%
West Kendall Baptist Hospital	10,512	3.4%
Jackson North Medical Center	10,470	3.4%
Steward North Shore Medical Center	10,437	3.4%
Nicklaus Children'S Hospital	8,317	2.7%
Homestead Hospital	7,705	2.5%
All Remaining Hospitals	68,513	22.2%

RESIDENT POPULATION DISCHARGED FROM HOSPITALS IN MIAMI-DADE AND MONROE COUNTIES, 2023[14,15]	MIAMI-DADE	MONROE	FLORIDA [e]
Total Hospital Resident Discharges (January-December 2023)	308,158	8,646	2,862,949
Population Estimates (2023)	2,685,296	81,840	21,928,881
Rate per 100,000 population (Based on U.S. Census 2023 Five-Year Population Estimates)	11,475.8	10,564.5	13,055.6

[a] *Miami-Dade County Residents Discharged from Miami-Dade County Hospitals*
[b] *Monroe County Residents Discharged from Monroe County Hospitals*

[c] *Monroe County Residents Discharged from Miami-Dade Hospitals*

[d] *Based on Primary Diagnosis*

[e] *Total does not include discharges from patients who reside out-of-state, the homeless, foreign residences, and unknown cities and zip code of residence (please refer to the table below highlighting number of hospital discharges observed among these population*

HOSPITAL UTILIZATION IN MONROE COUNTY, 2023[14]	Number of Discharges [d]	%
Monroe County (January-December 2023)		
Total Resident Discharges	8,646	100.0%
Monroe County Hospitals [b]	3,526	40.8%
Miami-Dade County Hospitals [c]	4,556	52.7%
Resident Discharges by Hospital (Top 10)		
Lower Keys Medical Center	2,611	30.2%
Mount Sinai Medical Center Of Florida	893	10.3%
Baptist Hospital Of Miami	860	9.9%
Depoo Hospital	581	6.7%
South Miami Hospital	545	6.3%
HCA Florida Kendall Hospital	489	5.7%
Mariners Hospital	289	3.3%
Doctors Hospital	242	2.8%
Homestead Hospital	231	2.7%
Jackson Memorial Hospital	205	2.4%
All Remaining Hospitals	1,700	19.7%

HOSPITAL DISCHARGES FROM NON-RESIDENT POPULATIONS, 2023[14]	
Other Populations	**Florida Discharges**
Out-of-State	94,843
Homeless	23,310
Foreign Residence	6,547
Unknown Cities and Zip Code of Residence	5,224
Total	**126,924**

F

[a] *Miami-Dade County Residents Discharged from Miami-Dade County Hospitals*

[b] *Monroe County Residents Discharged from Monroe County Hospitals*

[c] *Monroe County Residents Discharged from Miami-Dade Hospitals*

[d] *Based on Primary Diagnosis*

[e] *Total does not include discharges from patients who reside out-of-state, the homeless, foreign residences, and unknown cities and zip code of residence (please refer to the table below highlighting number of hospital discharges observed among these population*

INFECTIOUS DISEASES [16,17,18,19]	MIAMI-DADE	MONROE	FLORIDA
Respiratory Diseases			
Age-Adjusted Deaths from Influenza and Pneumonia (Per 100,000)	6.8	7.3	8.2
Age-Adjusted Deaths from COVID-19 (Per 100,000)	8.8	1.7	9.9
Age-Adjusted Deaths from Pneumonia (Pere 100,00)	5.6	6.8	7.2
Sexually Transmitted Disease Rate (Per 100,000)	1,011.5	488.3	788.2
HIV Diagnosis Rate (Per 100,000)	37.6	28.4	20.8
HIV/AIDS Age-Adjusted Death Rate (Per 100,000)	3.0	0.6	2.1

BEHAVIORAL HEALTH/SUBSTANCE USE (District 11)[20]

BABIES BORN WITH NEONATAL ABSTINENCE SYNDROME (FL)
935

FATAL OPIOID OVERDOSES
160

EMS NON-FATAL OVERDOSE RESPONSES
6,047

FATAL ALL DRUG OVERDOSES
236

TOP 10 LEADING CAUSES OF DEATH
in District 11[21]

Heart Disease
Cancer
Stroke
COVID-19
Unintentional Injury
Alzheimer's Disease
Diabetes
Chronic Lower Respiratory Disease
Hypertension
Kidney Diseases

Top 10 ED Visits in Miami-Dade & Monroe Counties [22]
(list of high-cost diseases/conditions)

1. Symptoms, Signs, and Ill-defined Conditions
2. Injury and Poisoning
3. Diseases of the Digestive System
4. Diseases of the Genitourinary System
5. Diseases of the Respiratory System
6. Musculoskeletal System & Connective Tissue
7. Diseases of the Circulatory System
8. Pregnancy, Childbirth, Puerperium
9. Diseases of the Nervous System
10. Mental, Behavioral & Neurodevelopmental Disorders

MEASURES OF HEALTH STATUS[23]	MIAMI-DADE	MONROE
Life Expectancy	81.6	81.5
Food Insecurity	11%	11%
Adults with Poor Physical Health	22.6%	16.8%
Obesity Prevalence	30.3%	29.7%
Cancer (Excluding Skin Cancer)	6.1%	10.5%
Arthritis	19.2%	22.0%
Asthma	9.1%	9.0%
Diabetes	13.3%	9.5%
Excessive Drinking	15%	25%
COPD	5.8%	6.4%
CHD	6.5%	6.0%
Stroke	3.4%	2.9%
Current Smoking	15%	16.0%
Fair or Poor Self Rated Health	20%	14.0%
Frequent Mental Distress	15%	15%
Frequent Physical Distress	12%	10%
Physical Inactivity	33%	23%

Barriers to Mental Health Care in Miami-Dade County[24]
- Shortage of mental health providers
- High cost for treatment
- Lack of insurance coverage

DIVERSITY [25]	MIAMI-DADE	MONROE	FLORIDA
Language Spoken Other than English at Home	75.5%	21.2%	30.1%
Speak English Only at Home	24.8%	78.8%	69.9%
Speak English less than "Very Well" at Home	34.7%	9.4%	12.1%
Speak Spanish at Home	66.40%	17.32%	22.06%
Foreign Born Naturalized US Citizens	60.5%	58.7%	58.5%

SENIORS[26]	MIAMI-DADE	MONROE
Seniors (65+) Living Alone	98,306 (19.5%)	4,865 (21.9%)

REFERENCES

1. Nielsen Claritas. 2024 Population Estimates, 2023 [data file]. The Nielsen Company; [2025 January 13].
2. U.S. Census Bureau. Quick Facts – Miami-Dade and Monroe County. Retrieved on Jan 13, 2025, from https://www.census.gov/quickfacts/fact/table/monroecountyflorida,miamidadecountyflorida,US/INC110223
3. U.S. Census Bureau. American Community Survey, 2022 Five-Year Estimates, Table S1101. Retrieved on January 15, 2023, from https://data.census.gov/table/ACSST5Y2022.S1101?q=average%20family%20size&g=050XX00US12086,12087
4. U.S. Census Bureau. American Community Survey, 2022 Five-Year Estimates, Table DP03. Retrieved on January 15, 2025, from https://data.census.gov/table/ACSDP5Y2022.DP03?q=unemployement&g=040XX00US12_050XX00US12086,12087
5. Agency for Health Care Administration. (December 31, 2024). Medicaid Eligibles Report. Retrieved on January 15, 2023, from https://ahca.myflorida.com/Medicaid/Finance/data_analytics/eligibles_report/index.shtml
6. Florida Department of Health, Bureau of Vital Statistics. (2023).FLHealthCHARTS. Retrieved on January 15, 2025, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=Birth.Dataviewer&drpFLRaceEthnicity=All&drpRaceEthnicity=All
7. Florida Department of Health, Bureau of Vital Statistics (2023). Infant Deaths Data Viewer. FLHealthCHARTS. Retrieved on January 15, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=InfantDeath.Dataviewer
8. Florida Department of Health, Bureau of Vital Statistics (2023). Deaths from Homicide Data Viewer.FLHealthCharts. Retrieved on January 15,2025 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=Death.DataViewer&cid=0118
9. Florida Department of Health, Bureau of Vital Statistics (2023). Domestic Violence Offenses Data Viewer.FLHealthCharts.Retrieved on January 15, 2025 fromhttps://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalIndNoGrp.Dataviewer
10. Florida Department of Law Enforcement. (2020). UCR Incident-Based: Domestic Violence & Crime Data. Retrieved on January 15, 2025, from https://www.fdle.state.fl.us/CJAB/UCR/Annual-Reports/UCR-Domestic-Violence
11. Florida Agency for Health Care Administration. Retrieved from Florida Department of Health, FLHealthCHARTS, on January 15, 2025, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalIndNoGrp.Dataviewer
12. Florida Agency for Health Care Administration. Retrieved from Florida Department of Health, FLHealthCHARTS, on January 16, 2025, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalInd.Dataviewer&cid=0890
13. Centers for Disease Control and Prevention. Places: Local data for Better Health: Compare Counties. Centers for Disease Control and Prevention. https://places.cdc.gov/?view=county&locationIds=12086%2C12087
14. Florida Agency for Health Care Administration (AHCA). Hospital Inpatient Data File, 2023 [Data File]. Power BI; [2025 Jan 22]
15. U.S. Census, American Community Survey. Demographic & Housing Estimates, Table DP05, 2023 Five-Year Estimates [Internet]. [2023 Jan 22]. Available from https://data.census.gov/table?q=DP05&g=040XX00US12_050XX00US12086,12087
16. Florida Department of Health, Bureau of Vital Statistics (2024). Deaths from Influenza and Pneumonia.Data Viewer.FLHealthCharts.Retrieved on January 15, 2025.https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=Death.Dataviewer&cid=0125
17. Florida Department of Health, Bureau of Vital Statistics. (2024). HIV/AIDS Diagnosis & STD Data Viewer. Retrieved on January 16, 2025 from http://www.flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=HIVAIDS.Dataviewer&rdRequestForwarding=Form
18. Florida Department of Health, Bureau of Vital Statistics. (2024). Deaths from Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS). Retrieved on January 24, 2025 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=Death.DataViewer&cid=0122
19. Florida Department of Health, Bureau of Vital Statistics. (2024). Sexually Transmitted Rate. FLHealthCharts. Retrieved on January 24, 2025 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=STD.TenYrsRpt&cid=9767
20. Florida Department of Health, Bureau of Vital Statistics. 2023 Estimates. Substance Use Dashboard. Retrieved on January 16, 2025 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=SubstanceUse.Overview
21. Florida Department of Health, Bureau of Vital Statistics. (2023). Leading Causes of Death. Retrieved on January 16, 2025 from https://www.flhealthcharts.gov/ChartsReports/rdPage.aspx?rdReport=MortalityAtlas.Dashboard_MortalityAtlas1
22. Florida Agency for Health Care Administration (AHCA). Emergency Department Data file, 2023 [Data File]. Power BI; [2025 Jan 27]

23. Centers for Disease Control and Prevention. Places: Local data for Better Health: Compare Counties. Centers for Disease Control and Prevention. https://places.cdc.gov/?view=county&locationIds=12086,12087

24. Zhang, M., Garcia, A., & Bretones, G. (2019). Demographics and Clinical Profiles of Patients Visiting a Free Clinic in Miami, Florida. Frontiers in public health, 7, 212. https://doi.org/10.3389/fpubh.2019.00212

25. Nielsen Claritas. 2024 Estimates. Language Spoken at Home. The Nielsen Company. Retrieved from Miami Matters at https://www.miamidadematters.org/demographicdata/index/view?id=2170&localeId=12

26. Florida Department of Health, Bureau of Vital Statistics. Individuals Living Alone (Aged 65 Years and Older). FLHealthCharts. Retrieved January 16,2025 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalIndNoGrpCounts.Dataviewer

MIAMI MATTERS

MEASURING WHAT MATTERS IN MIAMI-DADE COUNTY

Miami Matters, an initiative of the Health Council of South Florida, serves as a dynamic, interactive web-based intelligence platform with publicly available information that provides easy to understand health, environmental and other quality of life indicators for Miami-Dade County. This online web application serves as a roadmap for collaborative community planning and links its visitors to promising or evidence-based practices and resources that encourage and promote informed community action. This online data dashboard may be used by:

Consultants/Grant Writers	Legislators	Health/Social Service Providers
Government Agencies	Community-Based Organizations	Researchers
County Health Departments	Hospitals	Community Health Centers

To explore Miami Matters, visit the website: www.MiamiDadeMatters.org