2023

HCSF
Health Council of South Florida, Inc.

DISTRICT 11 HEALTH PROFILE

A DATA SNAPSHOT OF MIAMI-DADE AND MONROE COUNTIES

Mission: The Health Council of South Florida (HCSF) is to be the source of unbiased health and quality of life data and analysis; the preferred partner for quality program planning, management, evaluation, and community services; the facilitator of collaboration and partnerships in Miami-Dade and Monroe counties; and the trusted champion for ethical and targeted healthcare policy at the local, state, and national levels.

1

INTRODUCTION

The Health Council of South Florida (HCSF) District 11 Health Profile shows key social determinants of health indicators that reflect or contribute to health and wellness in Miami-Dade and Monroe counties. Miami-Dade and Monroe county's health indicators are comparable to other counties, state, and national data, when available. However, disparities in various health conditions among population or people groups based on race, ethnicity, sex, age, education, and income must be considered when observing data.

Indicators are grouped into thirteen (13) general sections with an attempt to capture the top ten (10) leading causes of death and high-cost Emergency Department visits for District 11.

- Population Demographics
- Social and Economic Indicators
- Access to Care
- Maternal and Child Health
- Crime and Public Safety
- Health Care Utilization
- Preventive Health
- Infectious Diseases (e.g., COVID-19)
- Behavioral Health and Substance Use
- Diversity
- Measures of Health Status
- Seniors
- Miscellaneous

ABOUT HCSF

How Is This Information Useful?

Indicators contribute to a comprehensive picture of the health of the community in Miami-Dade and Monroe counties and this report is relevant and useful to state government and community-based organizations working to make a positive impact on policy or service changes.

The HCSF is one of eleven local health councils created by S 408.033 to coordinate health services planning across the state. Serving District 11 (Miami-Dade & Monroe Counties), HCSF offers a variety of contracted services. Let our team of experienced and knowledgeable staff help you with your next project!

SERVICES	PROGRAMS
Community Health Needs Assessments (CHNAs)	Ryan White Care Part B: Monroe County
Hospital Needs Assessments (990 Requirement)	Miami Matters Data Platform
Customized Health Data Report Cards	Health Insurance Open Enrollment/Marketplace Assistance
Program/Project Evaluation	Housing Opportunities for Persons with AIDS (HOWPA)
Data Gathering, Analysis and Reporting	Miami-Dade Health Action Network (M-DHAN)
Grant Research, Writing and Management	Healthy West Kendall (Data Dashboard)
Quality Assurance and Improvement	Community Connections Program
Coalition and Partnership Building	Southeast Florida Cancer Control Collaborative (SFCCC)

For questions regarding this report, for more information associated with the additional analysis, or to purchase the full report, please email the HCSF at healthcouncil@healthcouncil.org

Disclaimer: All data elements included in this report derive from the most recent data available for publication. The inclusion of information prior to 2023 is the result of data being released and published according to different reporting cycles, which usually precedes the current reporting year of this report (2022); such as the quarterly hospital utilization reports published by the Agency for Health Care Administration (fourth quarter 2022 hospital utilization report will be available for publication after May 2023). In addition to the information depicted in this report, zip code and GIS mapping analysis for Miami-Dade and Monroe counties could also be conducted for: communicable diseases, demographics, Emergency Department utilization, hospital utilization, household income, leading causes of death, and maternal and infant health indicators.

POPULATION[1]	MIAMI-DADE	(%)	MONROE	(%)	FLORIDA	(%)
Total Population Estimate	2,701,301	(%)	83,204	(%)	22,144,382	(%)
Black or African-American	381,261	14.1	4,905	5.9	3,587,728	15.0
Hispanic or Latino	1,951,568	72.3	21,610	26.0	6,362,657	28.7
White	757,441	28.0	58,680	70.5	12,325,337	55.7
Asian	37,399	1.4	1,330	1.6	665,707	3.0
American Indian/Alaskan Native	9,160	0.3	347	0.4	107,747	0.5
Native Hawaiian/Pacific Islander	732	<0.1	73	0.1	15,271	<0.1

SEX		MIAMI-DADE	(%)	MONROE	(%)	FLORIDA	(%)
	Male	1,314,568	48.7	42,966	51.6	10,821,105	48.9
	Female	1,386,733	51.3	40,238	48.4	11,323,277	51.1

AGE		MIAMI-DADE	(%)	MONROE	(%)	FLORIDA	(%)
	Less than 5	151,131	5.6	3,663	4.4	1,144,006	5.2
	5-17	393,580	14.6	9,464	11.4	3,145,126	14.2
	18-34	569,744	21.1	14,084	16.9	4,528,965	20.5
	35-64	1,106,176	41.0	35,041	42.1	8,354,429	37.7
	65+	480,696	17.8	20,952	25.2	4,971,856	22.5

SOCIAL AND ECONOMICS[2, 3]	MIAMI-DADE	MONROE	FLORIDA
High School Diploma or Higher	82.5%	92.1%	89.0%
Median Household Income	$57,815	$73,153	$61,777
Persons in Poverty	15.2%	11.0%	13.1%
Unemployment Rate	5.1%	3.7%	5.3%

ACCESS TO CARE[4,5]	MIAMI-DADE	MONROE	FLORIDA
Uninsured	15.6%	17.0%	12.6%
Medicaid Eligible	917,301	13,944	5,360,069

MATERNAL AND CHILD HEALTH[6, 7]	MIAMI-DADE	MONROE	FLORIDA
Total Resident Live Births	28,098	696	216,189
Births Covered by Medicaid	40.9%	38.4%	45.5%
Teen Birth Rate (Ages 15-19) (Per 1,000)	9.4	12.0	13.6
Preterm Birth Rate (<37 Weeks Gestation)	9.7%	6.8%	10.9%
Infant Death Rate (Per 1,000 Live Births)	4.0	2.9	5.9
Cesarean Deliveries	45.3%	38.6%	35.7%

CRIME AND PUBLIC SAFETY[8]	MIAMI-DADE	MONROE	FLORIDA
Total Violent Crimes (2020)	13,477	297	83,290
Homicide Deaths	231	4	1,293
Domestic Violence Offenses (Per 100,000)	267.2	452.3	493.7

HEALTH CARE UTILIZATION[9, 10]	MIAMI-DADE	MONROE	FLORIDA
ER Visit Rate (Per 100,000) due to Dental Conditions (Ages 0-64)	203.6	512.4	556.2
Age-Adjusted ER Visit from Mental Disorders (Per 100,000)	734.9	1,395.4	994.7

PREVENTIVE HEALTH[11]	MIAMI-DADE	MONROE
Cholesterol Screening in the Past 5 Years	90.5%	89.2%
Routine Checkup in the Past Year	76.1%	72.5%

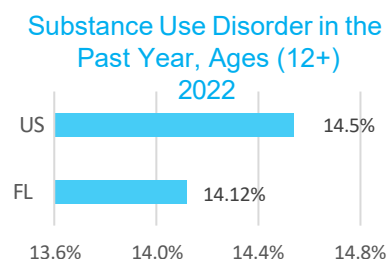| INFECTIOUS DISEASES [12]	MIAMI-DADE	MONROE	FLORIDA
COVID-19			
At least 1 Dose	95%	95%	80.2%
Fully Vaccinated	89.1%	79.1%	67.7%
At least 1 Booster	34.7%	40%	41.8%
Sexually Transmitted Disease Rate (Per 100,000)	910.7	447.8	761.5
New HIV Diagnosis Rate (Per 100,000)	39.3	23.9	20.6
HIV/AIDS Death Rate (Per 100,000)	3.4	4.4	2.4

BEHAVIORAL HEALTH/SUBSTANCE USE (District 11)[15]

BABIES BORN WITH NEONATAL ABSTINENCE SYNDROME (FL)
934

FATAL OPIOID OVERDOSES
142

EMS NON-FATAL OVERDOSE RESPONSES
6,269

FATAL ALL DRUG OVERDOSES
199

Substance Use Disorder in the Past Year, Ages (12+) 2022

US — 14.5%
FL — 14.12%

13.6%   14.0%   14.4%   14.8%

TOP 10 LEADING CAUSES OF DEATH
in District 11[16]

Cancer
COVID-19
Stroke
Alzheimer's Disease
Diabetes
Unintentional Injury
Chronic Lower Respiratory Disease
Hypertension
Influenza and Pneumonia

Barriers to Mental Health Care[21]
- Shortage of mental health providers
- High cost for treatment
- Lack of insurance coverage

Top 10 ED Visits[17]
(list of high-cost diseases/conditions)

1. Symptoms, Signs, and Ill-defined Conditions
2. Injury and Poisoning
3. Diseases of the Respiratory System
4. Musculoskeletal System & Connective Tissue
5. Diseases of the Digestive System
6. Diseases of the Genitourinary System
7. Pregnancy, Childbirth, Puerperium
8. Diseases of the Skin & Subcutaneous Tissue
9. Infectious & Parasitic Diseases
10. Mental, Behavioral & Neurodevelopmental Disorders

DIVERSITY [22]	MIAMI-DADE	MONROE	FLORIDA
Language Spoken Other than English at Home	75.92%	22.36%	29.9%
Speak English Only at Home	24.08%	77.54%	70.2%
Speak English less than "Very Well" at Home	34.0%	10.2%	11.8%
Speak Spanish at Home	67.05%	17.67%	22.1%
Foreign Born Naturalized US Citizens	56.6%	46.9%	57.2%

MEASURES OF HEALTH STATUS[20,23]	MIAMI-DADE	MONROE	
Life Expectancy	81.0	80.4	
Adults with Poor Physical Health	22.6%	16.8%	
Obesity Prevalence	27.3%	30.2%	
Cancer (Excluding Skin Cancer)	5.5%	8.7%	
High Blood Pressure	28.9%	27.2%	
High Cholesterol	27.2%	30.1%	
Diabetes	9.8%	7.3%	
Binge Drinking (18+)	18%	26.4%	
COPD	4.6%	7.7%	
CHD	4.5%	4.8%	
Chronic Kidney Disease	3.2%	2.1%	
Current Smoking	12%	17.6%	
Fair or Poor Self Rated Health	25.5%	19.0%	
Diagnosed Depression	14.2%	14.5%	
No Leisure Time For Physical Activity	35.1%	28.1%	
Stroke	2.6%	4.0%	

SENIORS[23]	MIAMI-DADE	MONROE	
Seniors (65+) Living Alone	21.3%	13.0%	

MISCELLANEOUS[2]	MIAMI-DADE	MONROE	FLORIDA
Suboptimal Housing	48.9%	43.4%	35.3%
Households with Internet Subscription	82.6%	86.4%	87.2%
Average Time to Work (Minutes)	31.9	18.6	27.9
Households with No Vehicle	9.7%	7.4%	6.1%
Household Rent Burden	63.6%	59.8%	56.4%
Average Family Size	2.74	2.39	2.47
Median Workforce Age	41.7	43.3	40.9
Renter-occupied Housing Units	48.4%	40.9%	33.8%
Owner-occupied Housing Units	66.5%	61.2%	66.5%

REFERENCES

1. Nielsen Claritas. 2023 Population Estimates, 2021 [data file]. The Nielsen Company; [2023 Aug 27].

2. U.S. Census Bureau. *Quick Facts – Miami-Dade and Monroe County*. Retrieved on Aug 28, 2023, from https://www.census.gov/quickfacts/fact/table/miamidadecountyflorida,US/INC110221

3. U.S. Census Bureau. American Community Survey, 2021 Five-Year Estimates, Table DP03. Retrieved on August 28, 2023, from https://data.census.gov/table?q=unemployement&g=050XX00US12086

4. U.S. Census Bureau. American Community Survey 2021 Five-Year Estimates, Table S2701. Retrieved on August 28, 2023, from https://data.census.gov/table?q=S2701&g=040XX00US12_050XX00US12086,12087&tid=ACSST5Y2021.S2701

5. Agency for Health Care Administration. (July 31, 2023). *Medicaid Eligibles Report.* Retrieved on August 28, 2023, from https://ahca.myflorida.com/Medicaid/Finance/data_analytics/eligibles_report/index.shtml

6. Florida Department of Health, Bureau of Vital Statistics. (2021).FLHealthCHARTS.. Retrieved on August 28, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=Birth.Dataviewer&cid=443&drpCounty=13

7. Florida Department of Health, Bureau of of Vital Statistics (2021). Infant Deaths Data Viewer. FLHealthCHARTS. Retrieved on August 28, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=InfantDeath.Dataviewer

8. Florida Department of Law Enforcement. (2020). *UCR Incident-Based: Domestic Violence & Crime Data.* Retrieved on August 28, 2023, from https://www.fdle.state.fl.us/CJAB/UCR/Annual-Reports/UCR-Domestic-Violence

9. Florida Agency for Health Care Administration, Ambulatory Care Sensitive Conditions. Retrieved from Florida Department of Health, FLHealthCHARTS, on August 28, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalIndNoGrp.Dataviewer

10. Florida Agency for Health Care Administration. Retrieved from Florida Department of Health, FLHealthCHARTS, on August 28, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=NonVitalInd.Dataviewer&cid=0890

11. Centers for Disease Control and Prevention. (2023, October 15). Places: Local data for Better Health. Centers for Disease Control and Prevention. https://www.cdc.gov/places/ CDC PLACES (2022) Local Data for Better Health, County Data 2021 Release. Retrieved on October 24, 2023 from https://chronicdata.cdc.gov/500-Cities-Places/PLACES-Local-Data-for-Better-Health-County-Data-20/swc5-untb/data

12. Center for Disease Control and Prevention. (2022). *COVID-19 Data Tracker: Integrated County View.* Retrieved on October 18, 2023 from https://covid.cdc.gov/covid-data-tracker/#county-view

13. Florida Department of Health, Bureau of Vital Statistics. (2023). HIV/AIDS Diagnosis & STD Data Viewer. Retrieved on October 14, 2023 from http://www.flhealthcharts.com/ChartsReports/rdPage.aspx?rdReport=HIVAIDS.Dataviewer&rdRequestForwarding=Form

14. Florida Department of Health, Bureau of Vital Statistics. (2023). STD Data Reviewer. Retrieved on October 14, 2023 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=STD.DataViewer&cid=9767

15. Florida Department of Health, Bureau of Vital Statistics. 2022 Estimates. Substance Use Dashboard. Retrieved on August 4, 2022 from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=SubstanceUse.Overview

16. Florida Department of Health, Bureau of Vital Statistics. (2022). *Leading Causes of Death.* Retrieved on October 10. 2023 from http://www.flhealthcharts.com/charts/DataViewer/DeathViewer/DeathViewer.aspx

17. *Emergency Department Visits by Principal Diagnosis Group and Charges.* Retrieved on October 11, 2023 from https://www.floridahealthfinder.gov/QueryTool/QTResults.aspx?T=I#

18. American Community Survey (2022) ACS 5-Year Estimates (2016-2020). Retrieved on July 18, 2022 from https://www.census.gov/quickfacts/fact/table/monroecountyflorida,FL/HSG010222

19. Centers for Disease Control and Prevention. (2020, June 9). NVSS - United States small-area life expectancy estimates project. Centers for Disease Control and Prevention. https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html

20. How healthy is your county?: County Health Rankings. County Health Rankings & Roadmaps. (n.d.). https://www.countyhealthrankings.org/

21. Zhang, M., Garcia, A., & Bretones, G. (2019). Demographics and Clinical Profiles of Patients Visiting a Free Clinic in Miami, Florida. *Frontiers in public health*, 7, 212. https://doi.org/10.3389/fpubh.2019.00212

22. Nielsen Claritas. 2023 Estimates. Language Spoken at Home. The Nielsen Company. Retrieved from Miami Matters at https://www.miamidadematters.org/demographicdata/index/view?id=2170&localeId=12

23. *Behavioral Risk Factor Surveillance System (BRFSS) Dashboard - Florida Health CHARTS - Florida Department of Health.* (n.d.). Www.flhealthcharts.gov. Retrieved October 24, 2023, from https://www.flhealthcharts.gov/ChartsDashboards/rdPage.aspx?rdReport=BRFSS.Dataviewer&bid=0018

MIAMI MATTERS

MEASURING WHAT MATTERS IN MIAMI-DADE COUNTY

Miami Matters, an initiative of the Health Council of South Florida, serves as a dynamic, interactive web-based intelligence platform with publicly available information that provides easy to understand health, environmental and other quality of life indicators for Miami-Dade County. This online web application serves as a roadmap for collaborative community planning and links its visitors to promising or evidence-based practices and resources that encourage and promote informed community action. This online data dashboard may be used by:

Consultants/Grant Writers	Legislators	Health/Social Service Providers
Government Agencies	Community-Based Organizations	Researchers
County Health Departments	Hospitals	Community Health Centers

To explore Miami Matters, visit the website: www.MiamiDadeMatters.org

Objective & Reliable Community Health Data → Strategic Health Planning → Effective Evaluation → Partnership Development & Enhanced Collaboration → Program & Project Administration → Capacity Building & Technical Assistance

Health Council of South Florida | 7875 NW 12 Street | Suite 118 | Doral, FL 33126
Phone: (305) 592-1452 | Fax: (305) 592-0589
healthcouncil@healthcouncil.org

6